

Mosby's Fundamentals of Therapeutic Massage, 5e



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Synopsis

For success in practice, Mosby's Fundamentals of Therapeutic Massage, 5th Edition provides you with a solid foundation in the fundamentals of massage therapy. Expert author Sandy Fritz shares her wealth of clinical expertise, keeping a consistent focus on clinical reasoning with an increased emphasis on competency-based outcomes. In addition to teaching you how to skillfully apply massage techniques, this text also covers important practice management topics such as ethics, legal issues, sanitation, hygiene, business practices, and professional development. Two DVDs bound in the book provide over three hours of video on techniques, body mechanics, case studies, and more, plus anatomy and physiology animations. Log in to the companion Evolve website for interactive games and learning exercises. Hundreds of full-color photos and illustrations visually clarify key concepts and demonstrate proper technique, draping procedures, body mechanics, and more. A combined workbook/textbook format encourages critical thinking with activities, short essays, fill-in-the-blank questions, labeling exercises, and more to help you review concepts from the book. General Protocol sections in the book, on the Evolve website, and on the companion DVD provide a guide for assessment and massage application, intervention and positioning recommendations, and a modifiable, step-by-step sequence to help you learn to develop care plans for specific clients. Electronic documentation coverage prepares you for today's increasingly digital workplace with examples from electronic record-keeping and office management software programs. Comprehensive coverage of content covered on the National Certification Exam (NCE), the National Certification Exam for Therapeutic Massage and Bodywork (NCETMB), and the Massage and Bodywork Licensing Examination (MBLEx) ensures you are ready to pass certification and licensure exams. Updated insurance reimbursement section features discussions of insurance procedures, appropriate charting, necessary paperwork, and how to manage reimbursement. Expanded massage therapy career content discusses the many career tracks available to massage therapists. Detailed Body Mechanics chapter addresses the use of proper body mechanics for a long and successful career and the most effective treatment. Practical Case Studies chapter offers case studies that help you understand how to apply key concepts to real-world clinical practice. Completely updated content keeps you current with the latest information needed to pass your exams and succeed in practice. **NEW!** Foot in the Door feature throughout the text outlines the professional traits valued by prospective employers. Available as a Pageburst digital textbook with additional interactive learning tools and electronic assets. Sold separately.

Sort review

About the Author Sandy Fritz, MS, LMT is the Owner, Director, and Head Educator of the Health Enrichment Center, Inc., School of Therapeutic Massage. Sandy is a nationally certified

massage therapist. She earned her master's degree from Thomas Edison State College in 2000 and her Bachelor of Science in Health Science from Central Michigan University in 1998. She is affiliated with the American Massage Therapy Association, American Massage. Professionals Association, and Advisory Board for International Journal of Bodywork and Movement Therapies. She has also been in private practice for almost 30 years, has developed a student massage clinic with the Detroit Lions of the National Football League, and also provides professional sports massage and rehabilitation.

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Success from the Start: Business Principles for Massage Therapists (DavisPlus) Trail Guide to the Body: How to Locate Muscles, Bones and More The Ethics of Touch: The Hands-on Practitioner's Guide to Creating a Professional, Safe and Enduring Practice

What people say about this book

Felicia Morris, "Good text book. This book was exactly what it was proposed to be the information was clearly written. The lessons helped me alot in my chosen profesion."

H.d.z.e.e.d.o.t.c.o.m., "It's a good textbook about an ancient therapeutic practice called Massage Therapy. It's a good textbook about an ancient therapeutic practice called Massage Therapy.It's also a real medical text book constructed, as far as I know, with rigorous academic integrity and old well tested wisdom."

Ebook Library Reader, "Purposeful textbook.. Awesome text."

Dianna, "For the new massage student.... It's an excellent guide to massage with emphasis on good body mechanics to help the massage technician last years in the business without injury. I'm still getting started in my classes in this field, but so far, it seems to cover all the material to pass testing for certification."

Mrs. Rosa Leon, "Good Understanding. Good book for professional training and to apply to any my professional future job and it is a good guide."

Brenda, "Five Stars. I needed this book for massage school, still have it"

Jess, "Good price for school. Good price for school. Arrived in to days."

The book has a rating of 5 out of 4.5. 72 people have provided feedback.

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