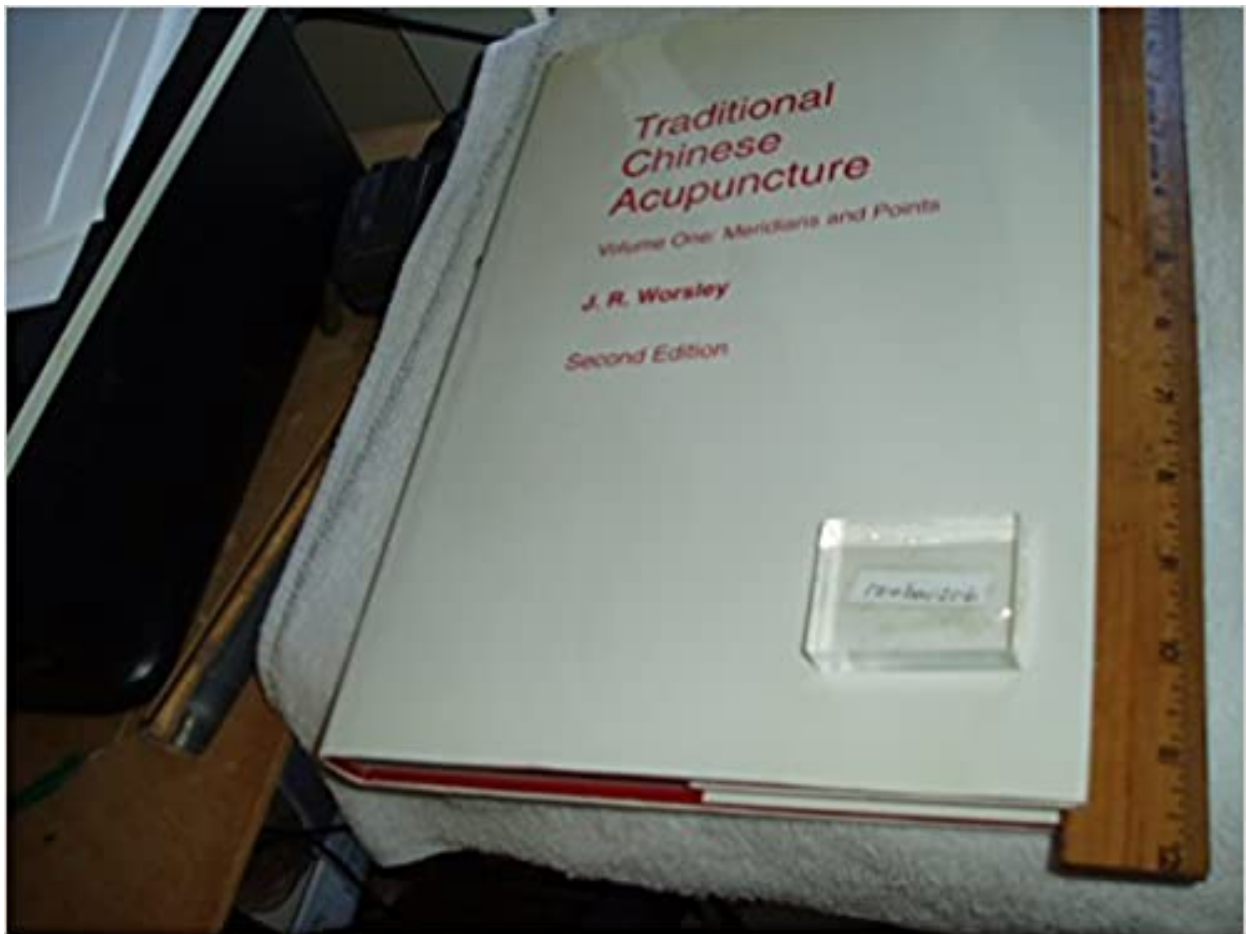


# Traditional Chinese Acupuncture: Meridians and Points

by  
Cindy Owen



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## **Synopsis**

Written by one of the West's leading authorities, this is an essential manual for students and practitioners of acupuncture. Comprehensively illustrated, the book identifies the twelve main meridian points. Their locations are anatomically described with detailed reference to skin surface and with muscular and skeletal illustrations in color.

## **Sort review**

About the Author Dr. Edelstein is currently retired. Her previous position was of Associate Professor in the Nutrition and Dietetics Department at Simmons College. She taught both Food Science and Food service classes. Before coming to Simmons College, Dr. Edelstein has previously been in private practice and has served as a hospital Food Service Director and Chief Dietitian. She is the author of many research articles, inclusive of topics on ethics, yoga, the glycemic index, and athletic performance as well as the author or editor of books, which include: *The Healthy Young Child*, Wadsworth Publishing, 1995; *Nutrition in Public Health*, Second Edition, Jones & Bartlett Publishers, 2005; *Nutrition: Rapid References for Nurses*, Jones & Bartlett Publishers, 2007; *Managing Food and Nutrition Services for the Hospitality, Culinary and Nutrition Professions*, Jones & Bartlett Publishers, 2007; *Life Cycle Nutrition: An Evidence-Based Approach*, Jones & Bartlett Publishers, 2008. Education Background BS Florida State University MS Florida International University PhD University of Florida

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## What people say about this book

Fala, "Five Stars. Very happy with this book."

Pookobuta, "Great illustrations of point locations. As an acupuncture student who already had the usual texts and acupuncture model dolls, I added this to my collection strictly for the pictorial images unavailable in other similar textbooks. Points and pathways are overlaid over a skeleton illustration, a muscle illustration, and one or more modeled exterior illustrations with some showing blood vessels and nerves (which most acupuncture books don't cover). With at least 3 or more separate illustration for each point, this gave me a good idea of where they were when palpating over an actual body. For those who want an acupuncture point textbook to read, this is probably not it since there is very little beyond a general pathway description and point location summaries. But if you are looking for a good pictorial reference guide to point locations, I highly recommend this book."

The book by Cindy Owen has a rating of 5 out of 5.0. 4 people have provided feedback.

## **Book Information**

Language: English

Paperback: 672 pages

Item Weight: 3.36 pounds

Dimensions: 9 x 1 x 12.25 inches

Hardcover: 328 pages

Reading age: 1 year and up

Spiral-bound: 416 pages

Plastic Comb: 213 pages

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